

SIZE	HOLE FOR HEAD	CHEST CIRCUMFERENCE
3	22-28CM	40-47CM
4	28-32CM	45-52CM
XS	32-38CM	50-58CM
S	35-42CM	56-66CM
M	39-46CM	64-77CM
L	45-50CM	76-88CM
XL	49-55CM	85-104CM
XXL	54-60CM	96-120CM